

BIONATOR INSTRUCTIONS

1. REVIEW PATIENT BROCHURE FOR BIONATOR.
2. FUNCTIONAL APPLIANCES FACILITATE YOU PLACING YOUR TEETH AND JAWS IN A MORE NORMAL POSITION. WITH YOUR LIPS CLOSED, AND TONGUE IN THE ROOF OF YOUR MOUTH, IT'S EASIER TO SWALLOW PROPERLY AND BREATHE THROUGH YOUR NOSE. THIS CREATES A MORE IDEAL ENVIRONMENT FOR YOUR TEETH AND ALLOWS THEM TO MOVE TOWARDS A MORE NORMAL POSITION.
3. WEAR 22 HOURS A DAY, ALL THE TIME EXCEPT WHEN YOU EAT. WHEN YOU TAKE OFF YOUR BIONATOR, PLACE IT IN THE BIONATOR CASE IMMEDIATELY.
4. FOR THE FIRST THREE DAYS, YOU WILL SPEAK LESS CLEARLY AND NOTICE EXCESSIVE SALIVA IN YOUR MOUTH, BUT THIS WILL NORMALIZE GRADUALLY. YOU CAN RAPIDLY IMPROVE YOUR SPEECH BY READING OUT LOUD FOR 15+ MINUTES EVERY DAY.
5. IF YOU NOTICE A SORE SPOT UNDER THE BIONATOR, CALL OUR OFFICE AS SOON AS PRACTICAL, KEEP WEARING IT AND BRING IN THE BIONATOR WHEN YOU COME FOR YOUR APPOINTMENT. THEN WE CAN LOCATE AND RELIEVE THE SORE SPOT.
6. DON'T LOSE OR BREAK YOUR BIONATOR, REPLACEMENT COST IS \$430.00

COMMON WAYS OF LOSING/BREAKING YOU BIONATOR

- PLACING IT IN A NAPKIN AT MCDONALD'S
- PLACING IT IN YOUR POCKET WITHOUT THE CASE
- LEAVING IT OUT AT HOME WHERE SOMEONE CAN STEP ON IT OR YOUR DOG CAN CHEW IT UP
- SWIMMING IN THE POOL OR OCEAN WITH IT ON
- FORGETTING THE BIONATOR IN YOUR PANTS POCKET WHILE WASHING AND DRYING CLOTHES
- LEAVING IT OUT ON THE DASHBOARD IN YOUR CAR WHERE THE SUN CAN WARP IT
- PLACING IT IN BOILING OR HOT TAP WATER; IT WILL DEFORM

CLEANING YOUR BIONATOR

-AFTER MEALS, BRUSH AND FLOSS YOUR TEETH, THEN WITH YOUR TOOTHBRUSH AND TOOTHPASTE BRUSH AND RINSE YOUR BIONATOR AND PUT IT BACK INTO YOUR MOUTH

IMPORTANT* IF YOU SHOULD LOSE OR BREAK YOUR BIONATOR OR NOTICE YOUR TEETH MOVING OR SPACING, CALL AND VISIT OUR OFFICE AS SOON AS POSSIBLE.