

WAX INSTRUCTIONS

Tissue Irritation or Cold Sores sometimes occur where part of the bracket or appliance repeatedly contacts the soft tissue.

Until the tissue toughens up, a small ball of wax can be squished over the offending bracket part. This covers the part with a smooth surface and allows the tissue to heal.

It's also advisable to rinse your mouth with warm salt water 4 times a day until the tissue heals.

You simply mix a teaspoon of table salt with a ½ cup of warm water. Swish over the affected area and spit it into the sink. This is best done immediately after eating and brushing your teeth.